

★ OFFICIAL ★  
RUBY STAR  
SOCIETY  
PATTERN CO.

# CAFTAN COVERUP

*project sheet*



PS RS5004

## DETERMINING YARDAGE

Decide how long you want your caftan by measuring from top of shoulder to front hem at knee. Double this number. Then, for directional fabrics add 5", and for non directional fabrics, add 4". This is your total caftan fabric. Divide by 36" and round up to the nearest increment to get yardage requirement.

For example: desired caftan measurement from shoulder to front hem is 37". Double: 74". Add 5" for directional fabric: 79". 79" divided by 36": 2.194. Rounding up to closest increment in yardage is 2¼ yards.

\*Tip: if you're unsure of length, opt for a few inches longer rather than shorter. You will have an opportunity to trim the length as you sew.

## INSTRUCTIONS

Trim yardage to total caftan length measurement. (This was the number before you rounded up to a yardage increment. In the example above, it's 79".) Measure 1" in from each cut edge and snip selvage. Tear fabric across width at the snip, quickly and sharply. (This will give you a straight hem on front and back.) Trim off selvages.

### DIRECTIONAL FABRICS

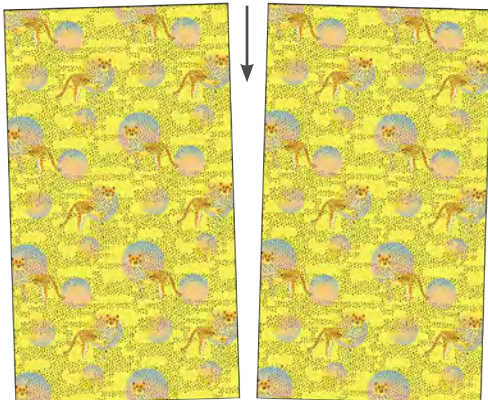
Fold yardage in half, short end to short end. Snip at fold, then tear fabric in half at snip.

Fold each side in half again, this time aligning trimmed selvage edges. Snip at fold, then tear fabric in half at snip.

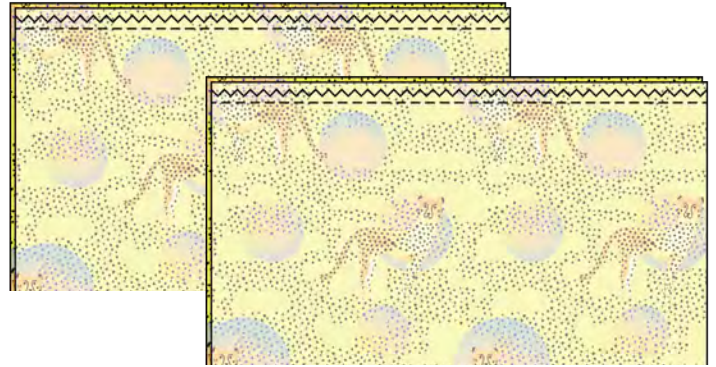
tear →



tear ↓



Top short edges of pieces will form shoulder seams. Pin sets of 2 pieces RST along top short edges with print running same direction on each. Stitch along pinned edge, then zig zag at 3/8". Trim excess fabric. Do not press yet.



### NON-DIRECTIONAL FABRICS

Fold one short end of fabric in half to find center. Snip at center, then tear yardage in half lengthwise at snip.

Fold each piece in half with short ends together. Put a **small** snip in one edge at the fold to mark center. This is the shoulder mark.

tear ↓



snip at edge to mark ↙





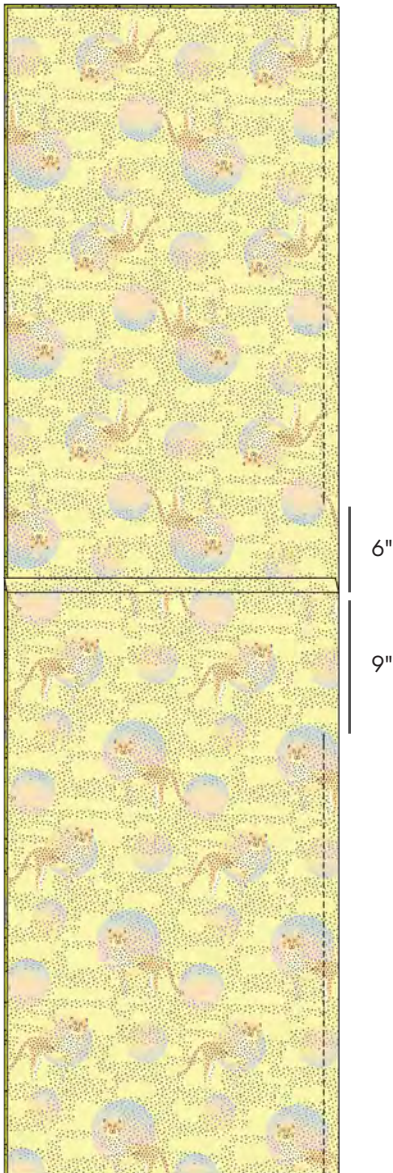
## ALL FABRICS

From this point forward, instructions are the same for both directional and non-directional fabrics unless otherwise stated.

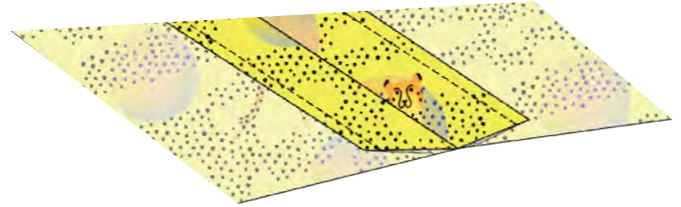
Place fabric units/pieces RST, lining up one long edge and aligning shoulder seams/marks. Mark edge 9" away from shoulder on one side (this is the front) and 6" away on the other side (this is the back). Pin from each mark down to bottom hems. Try on caftan to fit head opening and adjust front and back if desired.

Sew from each mark down to hem, backstitching a few times at the mark for extra strength.

For directional fabrics, press shoulder seams towards back.



Press front and back seams open. Press neckline  $\frac{5}{8}$ " towards wrong side. On seams and neckline, tuck raw edge under and press again. Stitch each side of seam and neckline down along folded edge on inside, starting at one bottom hem, stitching up and across the neckline and down the other side.



At this point you can try on your caftan to adjust the sleeve and hem length. Keeping in mind that all edges will be hemmed 1", trim length from sides and/or front and back if desired.

On each side edge, fold  $\frac{1}{2}$ " towards wrong side and press. Fold another  $\frac{1}{2}$ " and press again. Stitch along inner folded edge to hem. Repeat process on front and back edges.

Lay caftan on a large flat surface, aligning side and bottom edges and making sure layers are smooth and flat. Mark a line 6" in from each side edge that starts 8" below the shoulder. Pin along line, then try on and adjust if desired (move line out for roomier fit, start it lower for roomier sleeve openings, and vice versa.) Stitch front and back together along lines to create sleeves, backstitching at beginning and end.



## EXTRAS

For something extra, stitch pom pom or tassel trim to hem!

For more shaping, on each side just outside sleeve stitching, even with natural waist, stitch a large vertical buttonhole through both layers. Thread a belt, ribbon or waist tie through buttonholes.

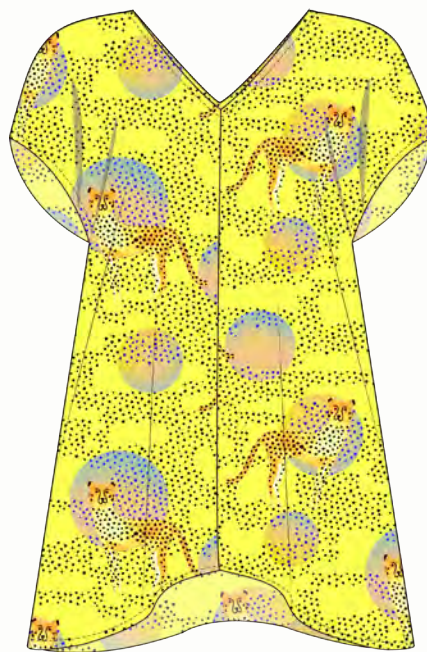
**YOU DID IT! YOU MADE A CAFTAN COVERUP!!**

Be sure to use #rubystarsociety and #RSScaftan when sharing your creations so we can see them!



# CAFTAN COVERUP

Everyone at Ruby Star Society loves a good caftan, and this is an easy and fun one you can whip up in a few hours! Throw it over your bathing suit for a beach or pool day, or wear it with leggings or tights for a relaxed but chic look. You could even make a shorter version to wear with jeans. Instructions are written so that you can adjust fit as you go. You might just need a rainbow of these in your closet!



## FABRIC REQUIREMENTS

44" wide rayon fabric - see instructions for yardage calculation

Fabrics shown are Moon Cheetah by Sarah Watts and Steno Roses by Kimberly Kight for Ruby Star Society.

Seam allowance is  $\frac{5}{8}$ " unless otherwise stated.

RST = right sides together

Please read all instructions before beginning.

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*moda*  
FABRICS + SUPPLIES

PS RS5004



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